

# Individual Support (Ageing and Disability)

## About the course

CHC33021 Certificate III in Individual Support (Ageing and Disability) is a nationally recognised training qualification. This course is designed to provide students with the skills and knowledge to gain employment as a personal support worker in a residential aged care setting or in a client's home or facility.

During the course, students will develop the skills and knowledge to work one-on-one with clients to maximise and maintain independence and build well-being. Training and assessment will ensure learners are able to work legally and ethically with a diverse range of people, within the scope of practice for a support worker. Applying a holistic care approach and working healthily and safely in a direct care environment are key focuses throughout training and assessment of the qualification.

## Entry requirements

There are no formal entry requirements for this course, however students are expected to have or be able to achieve written and spoken English skills to the certificate level of the course, or the ability to develop these skills whilst in training to meet the requirements of the qualification.

To allow our trainers to support your learning, students will need to complete a student profile, including language, literacy and numeracy indicators before their enrolment application is accepted.

Students will need to be able to achieve a clear police check and meet relevant state-based requirements for working with children or vulnerable people.

## Delivery method and course duration

### Trainer-led Virtual Classrooms:

Several options available either during the day or evenings one session per week (including online activities and assessment). A minimum of 120 hours work placement is required.

### Blended Classroom Delivery - several options: :

- › 1 day per week for 42 weeks face to face classroom over 12 months. Also includes: a minimum of 120 hours of work placement.
- › 2 virtual classrooms per week for 42 weeks over 12 months. Also includes: a minimum of 120 hours of work placement.

A variety of delivery methods may be available on application.

### Traineeships (including school-based):

Between 12 and 24 months.

\*CHCCCS040 Support independence and wellbeing requires a minimum of 120 hours of work placement.  
**Note:** Students undertaking a workplace traineeship may complete different electives which meet the needs of the workplace. This is decided on a case by case basis with agreement from the employer, the student and MAX.

## Course structure

9 core units and 6 elective units.  
15 units required in total.

### Core units:

- › **CHCCCS031**  
Provide individualised support
- › **CHCCCS038**  
Facilitate the empowerment of people receiving support
- › **CHCCCS040\***  
Support independence and well-being
- › **HLTWHS002**  
Follow safe work practice for direct client care
- › **CHCCOM005**  
Communicate and work in health or community services
- › **CHCDIV001**  
Work with diverse people
- › **CHCLEG001**  
Work legally and ethically
- › **HLTINF006**  
Apply basic principles and practices of infection prevention and control
- › **CHCCCS041**  
Recognise healthy body systems

### Elective units:

- › **CHCPAL003**  
Deliver care services using a palliative approach
- › **CHCAGE011**  
Provide support to people living with dementia
- › **CHCAGE013**  
Work effectively in aged care
- › **CHCDIS011**  
Contribute to ongoing skills development using a strengths-based approach
- › **CHCDIS020**  
Work effectively in disability support
- › **CHCDIS012**  
Support community participation and social inclusion

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## Additional pathways

The Health Care sector is Australia's largest employing industry and is projected to grow by approximately 15% over the next five years.

**Job Prospects for this qualification may include:**

- › Disability Service Officer Worker
- › Residential Support Worker
- › Assistant in Nursing
- › In-home Respite Care Worker
- › Personal Care Giver and Support Worker
- › School Support Officer (Disability)

## Recognition of Prior Learning (RPL) and Credit Transfer

RPL is a process that assesses your competency—acquired through formal and informal learning—to determine if you meet the requirements for a unit of study. Students with previous skills, knowledge or experience are entitled to apply for RPL for a full qualification or individual units of competency. Students will be required to produce evidence and undertake assessment as part of the RPL process.

If you have previously completed a unit/s of competency and can provide valid evidence of AQF certification (issued by an RTO), you are eligible to apply for a Credit Transfer and would not be required to undertake further study for the unit. You can learn more about RPL and Credit Transfer processes in our Student Handbook on our website: [www.maxsolutions.com.au/training](http://www.maxsolutions.com.au/training)

## Funding available

Students may be eligible for funding for this qualification via various State-based initiatives, Smart and Skilled (NSW Government), Skills First (Victorian and Commonwealth governments), Skilled Capital (ACT) and Participation Program (Western Australia).

Contact us to find out more about what may be available in your State.

## AQF Certification outcome

Only students who successfully complete all required units of competency will be issued with an AQF Certificate III qualification. Students who complete one or more units, but do not complete the whole qualification will be issued with a statement of attainment for the completed units only.

## Unique Student Identifier (USI)

It is mandatory for all students undertaking Nationally Recognised Training in Australia to have a USI.

Students will need their USI to apply to enrol for training.

Visit [www.usi.gov.au](http://www.usi.gov.au) for more information.

## More information

For upcoming course dates, delivery locations, student handbook information (including relevant policies and procedures such as our privacy, access and equity, complaints and appeals and refund policies) please visit our website or contact our team.

### Contact us



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